Questions?

CONTACT:

Roland Hamel
Mental Health Medical Case Manager
(253) 383-2565 ext. 7231

Megan Nolan
Mental Health Medical Case Manager
(253) 383-2565 ext. 7224

PCAF, THROUGH EDUCATION AND SERVICE, PREVENTS HIV INFECTION, ASSISTS PERSONS AFFECTED BY HIV/AIDS, ADDRESSES RELATED HEALTH PROBLEMS, AND COMBATS ASSOCIATED STIGMA AND DISCRIMINATION.

MENTAL HEALTH PROGRAM
*PCAF clients only*

TACOMA OFFICE:
3009 S. 40th St.
Tacoma WA 98409
(253) 383-2565

OLYMPIA OFFICE:
2101 4th Ave E. #103
Olympia, WA 98506
(360) 352-2375
Mental Health Program

Our mental health program is designed to help clients gain access to important mental health services. We provide assistance with assessments, health insurance and referrals to local mental health providers. All our services are provided at no cost to clients.

TWO SERVICE OPTIONS:

1. Talk Therapy
   PCAF contracts with mental health therapists who are trained to work with LGBTQ clientele. Clients must first be referred by their PCAF Case Manager.

2. Medication Management
   Monvelia Blair, Mental Health ARNP, can assess clients to see if they qualify for medication management services. Appointments with Monvelia are held at PCAF offices.

TO SET UP AN APPOINTMENT:

Talk with your case manager to schedule an appointment with a mental health case manager.

APPOINTMENTS
- Must be set up by your Case Manager in advance
- Occur Monday-Thursday between 9am-5pm
- Bring a list of your medication and proof of insurance

WHAT YOU SHOULD KNOW
You must keep your scheduled appointments or contact your Mental Health Case Manager. Average length of appointment can vary between 30 and 60 minutes. The initial appointment with Monvelia Blair may last up to 90 minutes.

ELIGIBILITY
In order to be eligible for the mental health program a person must be a PCAF client. PCAF clients must:
- Be a resident of Washington State
- Be diagnosed with HIV
- Be willing to engage in services

IF YOU OR SOMEONE YOU KNOW WOULD BENEFIT FROM ANY OF PCAF’S SERVICES, CONTACT US AT INFO@PIERCECOUNTYAIDS.ORG